



Protecting and Improving
the Health of Iowans

11/19/2020

IDPH Media Release

FOR IMMEDIATE RELEASE

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IDPH Announces 108 Community Water Systems in Iowa Awarded CDC Water Fluoridation Quality Award

DES MOINES, Iowa — The Iowa Department of Public Health announced today that 108 water systems in Iowa have been awarded Water Fluoridation Quality Awards from the U.S. Centers for Disease Control and Prevention (CDC). In addition, five communities (Forest City Water Supply, Glidden Water Supply, Manilla Municipal Service Department, Osage Municipal Water Supply, and Paullina Municipal Water Supply) have been awarded the 50 Year Award for maintaining continuous community water fluoridation from 1969-2019. For 2019, a total of 1,523 public water systems in 29 states received these awards.

Fluoridation is the adjustment of fluoride in drinking water to a level that is effective for preventing tooth decay. The award recognizes those communities that achieved excellence in community water fluoridation by maintaining a consistent level of fluoride in drinking water throughout 2019.

“Iowa water operators have a big impact on the oral health of their community by adjusting the fluoride of their water system to the optimal level for preventing

cavities,” said Dr. Bob Russell, DDS, Dental Director, Iowa Department of Public Health.

“Water fluoridation is one of the best investments that a community can make in maintaining the oral health of its citizens. It is equally as effective in preventing cavities in children and adults,” said Casey Hannan, MPH, Director, CDC Division of Oral Health. “Fluoridation is also highly cost effective. Studies continue to show that for every \$1 a community invests in water fluoridation, \$20 are saved in dental treatment costs.”

Community water fluoridation has been recognized by CDC as one of 10 great public health achievements of the 20th Century. CDC recommends water fluoridation as one of the most practical, cost-effective, equitable, and safe measures a community can take to prevent tooth decay and improve oral health.

It is supported by the American Cancer Society, American Dental Association, American Medical Association, American Academy of Pediatrics, American Water Works Association and over 100 national and international organizations as a safe, effective and inexpensive method of preventing tooth decay. Both Healthy People 2030 and Healthy Iowans 2021 have set goals to increase the number of people receiving optimally fluoridated water.

IDPH supports CDC approved fluoridation programs. The IDPH Bureau of Oral and Health Delivery Systems monitors the fluoride levels of Iowa communities and provides information and assistance to water supply professionals, healthcare professionals, and the public. To see the fluoridation status of Iowa counties and towns, visit the My Water’s Fluoride website at https://nccd.cdc.gov/DOH_MWF.

Community water systems receiving the award:

Albert City	Leon
Algona	Logan
Atlantic	Lone Tree
Audubon	Madrid

Bellevue	Mahaska Rural Water System
Bennett	Malvern
Boone	Manchester
Britt	Manilla
Burlington	Marshalltown
Carlisle	Mason City
Carroll	Milford
Casey	Minden
Cedar Falls	Missouri Valley
Cedar Rapids	Montezuma
Central Water Supply	Neveda
Corning	Newton
Council Bluffs	Northwood
Cresco	Orange City
Creston	Osage
Decorah	Osceola
Denison	Oskaloosa
Des Moines	Paullina
Dexter	Pella

Dubuque	Perry
Durant	Postville
Eagle Grove	Rathbun Regional Water Association, Inc
Eddyville	Regional Water
Eldora	Riverside
Eldridge	Rock Valley
Elk Horn	Schaller
Emmetsburg	Scranton
Estherville	Shelby (2)
Forest City	Shenandoah
Fort Madison	Sibley
Garner	Sioux City
Glenwood	Sloan
Glidden	Solon (2)
Greenfield	Spencer
Griswold	Spirit Lake
Guthrie Center	Tama
Hampton	Terril
Harlan	Thompson

Hawarden	Tipton
Huxley	University of Iowa
Iowa American Water Company (Clinton and Davenport)	Van Meter
Iowa City	Ventura
Iowa Falls (2)	Wapello
Iowa Lakes Regional Water	Wapello Rural Water Association
Jefferson	Waterloo
Kalona	West Central Rural Water-Boyer
Kanawha	West Central –Nishnabotna
Keokuk	Winterset
Lake Mills	Woodbine
Lamoni	

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